



MEMBERSHIP AND LICENCE APPLICATION FORM

Section 1. Personal Details

Name: _____ Date of Birth: _____

Address: _____

_____ Postcode: _____

Email address: _____

Home telephone number: _____ Mobile: _____

How did you hear about us? _____

Next of kin/ in case of emergency contact: _____

Relationship: _____

Section 2. Disclaimer

Name: _____

Address: _____

_____ Postcode: _____

Telephone number: _____

Email address: _____

Print name: _____

Signature (of parent or guardian): _____

All members must sign below to say they have disclosed all current and true information. False or misleading information will void your membership. Any fees or monies paid to ippon gym will not be eligible for a refund. Only sign if you have read and understood our terms, conditions and rules. If you are under 18, please give us your parent/guardians information.

Print name: _____ Signed: _____ Date: _____

Section 3. Membership Options

Muay Thai membership

BJJ membership

MMA membership

Fitness membership

Joining Fee: £ _____ Cost Per Month: £ _____

Total amount of first payment £ _____ thereafter monthly payments of £ _____ payable on the 1st of each calendar month.

Section 4. Health Check

Are there any medical problems we need to know about? Yes: No:

Do you have a history of heart disease? Yes: No:

Do you suffer from high or low blood pressure? Yes: No:

Do you ever feel feint or have dizzy spells? Yes: No:

Do you have back problems? Yes: No:

Do you have any muscle or joint related problems? Yes: No:

Are you on a special diet or medication? Yes: No:

Indemnity

In consideration of ippon gym accepting the client as a client for the purpose of providing martial arts classes the client agrees that: Neither ippon gym nor any agents or employees shall be liable for any loss, damage or theft of any property or belongings to the client or any guests of the client occurring at the premises.

Neither ippon gym nor any agents or employees shall be responsible for any death, personal injury or illness occurring at the premises or as a result of the personal training provided or as a result of the supervised use of the facilities or equipment or otherwise, except to the extent that such death, personal injury or illness arises from the negligent act or omission of ippon gyms agents or employees.

Charging

Charges are per session or block of sessions as agreed between parties. The timing and length of the sessions will be agreed between the client and ippon gym management. Payment is required in advance. Cancellations will be non-refundable if requested 24 hours less prior to the agreed session.

Acceptance

I agree to take part in personal training sessions or exercise classes under the supervision of ippon gyms instructors. I am free from any known medical condition that may be aggravated by the physical exertion required. I understand and accept that there may be risks associated with physical activity. I fully understand that I am free to stop the session at any time.

Print name: _____ Signed: _____

Trainers name: _____ Signed: _____

FOR OFFICE USE ONLY

Membership Number: _____

Membership Type: Trial: Introductory: Extreme: Ultimate:

Terms and conditions signed with instructor _____

Joining Fee Paid: By cash: By card: Length: 3 month contract

Notes: _____

Terms & Conditions

- Your choice of membership category on joining will determine the fees you pay. The Membership Application form sets out the membership fees payable when you join IPPON GYM. The membership fee and any other fees are payable in advance by each member (irrespective of actual use of the gym) either by cash, cheque, debit/credit card or direct debit agreement. If you wish to pay monthly by direct debit, these fees are collected on the 1st of each month, or the nearest working day thereafter, and membership is automatically renewed each year.
- The joining fee will be paid by you when joining on any monthly or pay as you go subscription. There is an annual renewal fee which is payable on the anniversary of you joining.
- Cancellation of membership payable by direct debit must be in writing or email to IPPON GYM Head Coaches/Manager providing one full calendar months' notice e.g. written notice received on or before 31 December will terminate membership on 31 January and written notice received during January will terminate membership on 28 February. You remain liable for one calendar month's subscription during the notice period. Cancelling your direct debit instruction for the monthly fee or a verbal instruction to any member of staff is not sufficient.
- Your monthly direct debit subscription will be collected on the first working day of each calendar month. Your monthly direct debit membership fee is a full calendar month regardless of the actual collection date.
- If your Bank fails to make a direct debit payment from your account when due IPPON GYM or its representative will write or email to advise you of this. An administration fee of £20 may be charged for each failed direct debit payment.
- It is the responsibility of members to cancel the direct debit mandate after the final payment has been received. IPPON GYM will not be held responsible for payment issues arising more than 60 days from the effective cancellation date.
- Proof of postage requesting cancellation, hand delivered letters countersigned/photocopied by IPPON GYM staff or email are the only criteria accepted as confirmation of cancellation in the event of a dispute. No member of staff is authorised to give verbal confirmation of termination of membership.
- A member who terminates their membership will have no claim to any refund of their charge(s). A member whose membership is terminated will forfeit all the privileges of membership without any refund.
- Members will be refused entry if outstanding payment issues are not settled and any payments outstanding 30 days after becoming due are liable for immediate recovery by lawful means.
- Membership may be refused or rescinded with good reason at the discretion of the management at any time and admission to IPPON GYM premises may also be refused to any member or their guest at the discretion of the management.
- Membership is personal to the member and may not be assigned transferred sold on or otherwise dealt with and members who 'lend' their membership card to third parties will have their membership rescinded without a refund.
- Membership fees and other fees are reviewed periodically. Subscription charges are as posted at reception and may be varied by the management without notice. Direct debit subscribers will be given at least 10 working days written notice of any changes to the address provided by the member.
- Annual/short term fees paid in advance cannot be refunded under any circumstances. IPPON GYM provides multiple membership options and the greater the commitment the lower the overall annual subscription rate.
- To qualify for any discounted membership options you are required to supply evidence of your eligibility. You may be charged at the full membership rate until such evidence has been produced.
- Membership cannot be suspended for any period of time. In exceptional circumstances such as injury or ill health, the management (at its sole discretion) may agree to suspend membership with documented medical evidence to a maximum of 6 months subject to a 'maintenance' fee of £10 per month or part thereof. The fee will be collected in place of your usual direct debit payment or in advance for fixed term memberships.
- Discounted membership is available in varied forms. Typically, for any couples, families or corporate membership the contact address, bank account information and direct debit collections should all come from the same account and be registered at the home address. Any person found to be deceiving IPPON GYM in order to gain unlawful discount will have their membership suspended and back dated full membership fees will be payable before the member can enter IPPON GYM.
- All members agree to abide by the Rules as posted in the premises and on the website www.ipponfitness.com. Copies are available for members if requested. In the event of any dispute as to the meaning of the Rules or of these Terms & Conditions the reasonable interpretation of IPPON GYM Managing Director shall be final and conclusive.
- Membership may be withdrawn with no refund if any member breaks the Gym Rules.
- Neither IPPON GYM nor the employees, representatives or agents of IPPON GYM shall be liable for any loss damage or theft of personal property belonging to any member or any guest of a member occurring on the premises whether or not such property is left in lockers provided for the use of members and their guests and notwithstanding that payment or other consideration is made for such use.
- Neither IPPON GYM nor the employees, representatives or agents of IPPON GYM shall be responsible for any injury occurring on the premises whether as a result of the use or misuse of the facilities and/or equipment provided by IPPON GYM or otherwise in the absence of negligence on the part of IPPON FITNESS employees, representatives or agents.
- IPPON GYM reserves the right to vary these Terms & Conditions on not less than 28 days notice to members. Notice of any variation will be validly given to members if posted in a prominent position in the premises.
- IPPON GYM Terms & Conditions as varied from time to time and are deemed to be accepted and binding by persons applying for membership and continue to be accepted and binding for any member who renews within 3 months of the last expiry date of their membership. All new member membership renewals after 3 months and direct debit memberships must sign or re-sign their acceptance of such Terms & Conditions of membership. IPPON GYM Terms & Conditions are available upon request or on our website www.ipponfitness.com

Free Session / Pass Terms & Conditions

- IPPON GYM reserve the right to refuse entry.
- Only one free trial can be redeemed per one person, per year.
- Three day trial is 'three consecutive days'.
- You will be required to complete a registration form and medical par q form.
- No other services, products or cash alternatives available.
- All free trials require you to book in advance for your first visit, failure to do so may result in disappointment and the possibility of not being allowed to exercise or participate on the day.
- Photo ID must be produced at the time of claiming your free trial, you will not be allowed to train without ID or by completing the relevant joining forms, and paying the relevant joining fee.
- For locations and contact numbers please see our contact section or email info@ipponfitness.com for further enquiries.

Gym Rules – membership

- All members and their guests must have suitable ID to enable entry and use of IPPON GYM facilities.
- It is a member's responsibility to inform IPPON GYM of any change of contact/address details.
- All members must swipe their membership card on the card reader upon every entry to IPPON GYM premises.
- Members or guests must wear suitable clothing gym wear and footwear at all times whilst on the premises. Jean-type clothing and open toe sandals/work boots or similar are not acceptable on the gym floor/areas. Due to the nature of most classes footwear may not be needed at the discretion of the instructor/coach.
- Members or guests will not be permitted to interact with a functioning class. This is done to avoid interruption to current attendees. Class entry will only be guaranteed for members who have the appropriate membership package.
- IPPON GYM does not accept any form of threatening or abusive behaviour towards members, guests or staff. Members will be held responsible for the behaviour of their guests.
- Every member and guest must comply with the reasonable instructions of staff in the interests of health and safety and maintaining smooth running of the gym and classes.
- Members are not permitted to give personal instruction to others whether for financial gain or otherwise.
- Only trainers approved by the management may use the gym for personal training.
- Facilities and services may vary at the discretion of the management.
- Members and their guests must accept responsibility for their personal property whilst on the premises and IPPON GYM shall not be liable for any loss damage or theft of personal property belonging to any member or any guest of a member occurring on the premises whether or not such property is left in lockers provided for the use of members and their guests and notwithstanding that payment or other consideration is made for such use.
- Members and their guests must exercise due care in particular when using the facilities and/or equipment so as to avoid injury to themselves and others using the gym and those in any doubt as to their physical fitness should seek medical advice before attending the gym. IPPON GYM shall not be responsible for any injury occurring on the premises whether as a result of the use or misuse of the facilities and/or equipment provided by them or otherwise in the absence of negligence on the part of IPPON GYM their employees and/or agents.
- IPPON GYM reserves the right to vary these Rules on not less than 7 days notice to members. Notice of any variation will be validly given to members if posted in a prominent position in the premises.
- All members and their guests agree to abide by the Rules as posted in the gym and on the web-site www.ipponfitness.com. A copy of the Rules is available for members if requested. In the event of any dispute as to the meaning of the Rules the Managing Director's reasonable interpretation of the Rules is final.

Insurance

- Any person wishing to enter IPPON GYM must have enrolled, completed all of the necessary forms and paid the joining fee. Anyone found to not have done all of the above will be asked to leave the premises.
- Your joining fee and the relevant form are for your own personal member to member cover. All members participating in any activity inside the gym must have valid insurance. It is not an option to have your own insurance or cover.
- Insurance is renewed annually. It is the members responsibility to ensure their insurance is up to date. Access to IPPON GYM may be suspended if you are found to have invalid or out of date insurance.
- In the event of cover lapsing, cover will be renewed and back dated to the original date of renewal regardless of time lapsed.
- All instructors/coaches have public liability and insurance, either through IPPON GYM broker, or their own association. Copies of these are available to view at the front desk/reception.

Client confidentiality

- All members have a right to privacy. Anyone entering IPPON GYM is entitled to train regardless.
- Any information discussed with IPPON GYM staff, agents or its representatives will remain confidential unless otherwise agreed.